



What is coaching?

Coaching is a relationship in which you receive the support, encouragement, and accountability you need to achieve the mission God has given you. Coaching is different from counseling. In counseling you focus on healing the past; in coaching you focus on improving the present.

In coaching:

1. You are in charge.
2. You identify your goals.
3. You sent the agenda of your coaching sessions.
4. You determine the type of coaching you want:
 - *Transformational Coaching:* Your coach will help you grow as a person by asking questions so you can, for example, modify your attitudes, become more comfortable with difficult situations, and increase the degree that you value students applying a biblical perspective of course content.
 - *Collaborative Coaching:* Your coach will work with you to complete a project, write a policy, or plan an event.
 - *Instructional Coaching:* Your coach will provide training in running effective meetings, defining mission achievement, and using assessment data to improve student learning.

With a coach you can:

- Define and implement strategic goals necessary for you to achieve your mission.
- Think bigger and more clearly.
- Find a better way.
- Play to your strengths.
- Make your program exemplary, sustainable, and replicable.
- Get more focused and more organized.
- Get the support, encouragement, and accountability you need to reach your goals.



Here's what I believe about coaching:

- God initiates change.
- Change is relational, experiential, and transformational.
- Change is more a function of motivation than of information.
- Each person is responsible to God for his/her life.
- Leaders grow as they take responsibility by defining, committing to, and achieving goals.